



CARA Adapted Physical Activity Centre

National Coordination- Local Provision



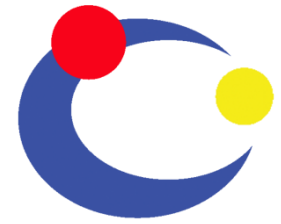
INSTITUTE OF TECHNOLOGY
TRALEE
INSTITIÚID TEICNEOLAÍOCHTA TRÁ LÍ



Adapted Physical Activity Centre

An Irish Sports Council / IT Tralee Initiative

Outline



- ❑ Background
- ❑ CARA National Adapted Physical Activity Centre 2007-2011
- ❑ Future Development of The CARA APA Centre



Background:



2005

- o APA National Conferences
- o NDA Report on Participation





2007/08

- o CARA National Adapted Physical Activity Centre
- o 21 Sports Inclusion Disability Officers (20 Local Sports Partnerships)





2009

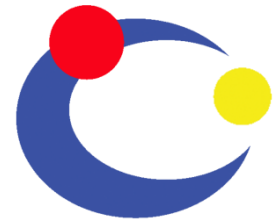
- o Launch of EIPET

2010

- o ISC commitment
- o Expansion of CARA National APA Centre
- o National Sports Inclusion Disability Programme



CARA APA Centre Steering Committee:



Niall O Flynn-RTE

Emma Jane Clarke-ISC

Una Moynihan-ITT

Ger Deegan-SOI

Terence McSweeney-COPE

Des Adams- Renault Tralee

Frances Murphy-St Pats

Killian Fisher-ILAM

Pat Flanagan-ITT

Mark Barry-IWASport



To oversee the operation,
development and funding

CARA Adapted Physical Activity Centre Ltd

To coordinate, facilitate and advocate for the inclusion of people with disabilities in sport, physical activity and physical education throughout Ireland



How does CARA achieve its aim?



National Sports Inclusion Disability Programme



Facilitate, support and provide ongoing support to all Local Sports Partnerships – 16 SIDOs

National Guidelines

Steering Committee

National Sports Inclusion Disability Programme Meetings

Significant increase in number of people with disabilities participating-
4500

Sustainable Programmes



Information and Guidance



National APA Newsletter- CARAFOCUS

National APA Website www.CaraApaCentre.ie

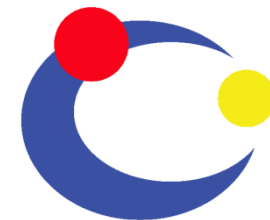
'A one stop shop'

Parents, Teachers, Coaches, Support
Workers/Carers



Support and guide all orgs and agencies involved in
the provision of sport, physical activity and physical
education

CampAbilities Ireland



National Sports and Recreation Residential Camp for children with vision impairments

Why CampAbilities Ireland?

CampAbilities 2010-14 Campers

CampAbilities 2011-25 Campers

Participation

Training

Awareness

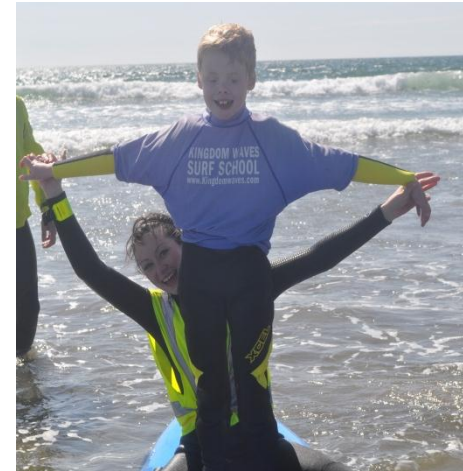
Sustainability



CampAbilities Ireland



“CampAbilities have given us as a family, a further vision of the independent and achievable life which Patrick will have”



“Sometimes it's nice to be with other visually impaired kids because then I am the same as everyone and I can be myself”

Standardised Training



Workshops facilitated at undergraduate level within Institutes of Technology and Universities throughout Ireland- UCC-DCU-ITT-UL-Mary Immaculate College

In service PE Teacher Training Workshops- GAA

National Training and Education Officer- Liam McDonough

Standardised Training and Education Workshops

Australian Sports Commission- No Exceptions Training

Standardised Training through cooperation and partnerships

EIPET- Coaching Ireland Inclusive Coaching-APAVET



International Links



- Disability Sport Wales
- Camp Abilities New York
- Project CONNECT Australia
- Disability Sport NI
- Halberg Trust New Zealand
- EUSAPA- European Standards in APA



CARA APA Centre Future Developments



- Continue to support the ISC in the coordination of the LSP
- National Sports Inclusion Disability Programme
- Standardised Training workshops and resources
- CampAbilities
- EUCAPA 2012-Two Way Process
- Research-Coordinated
- Continue to provide support, information and guidance



The Success of the CARA APA Centre

- Irish Sports Council
- Institute of Technology Tralee
- Growth
- Partnership and Support
- Volunteers



Thank You !!